



UK Haidakhandi Newssheet No. 2



February 2006

Om Shree Ganeshaya Namaha

You of the curved trunk and massive body with the brilliance and light of a million suns,
bless our endeavours and remove all obstacles that may hinder our path.

Dear Friends of Babaji,

Welcome to the second Newssheet from the new editorial team. We are writing to say hello and also inform you of the new changes to the newsletter. Until the 20th May AGM, (when HS(UK) committee and roles will be newly elected), Gaby Hock is newsletter editor, supported by her editorial team of Kalika James and Rob Waygood. On behalf of the HS(UK) we would like to offer a big THANK YOU to Rangnath for all his hard work as the newsletter editor over the last 2½ years. Great karma yoga and seva for Babaji - Bhole Baba Ki Jai !

Changes to the newsletter

We would like to keep you updated more frequently, and hopefully inspired. This year we plan experimenting with a new format of news and views as follows:-

Two UK Haidakhan Journals – Summer & Winter Solstices.

The Journal will be similar to the old newsletter but will have more content. In addition, each edition will focus on a specific theme, discussion or discourse. The theme for the June 2006 edition will be:

Who is Babaji ?

For this we welcome your thoughts, your personal stories & experiences but also quotes and teachings that have inspired you. You may just send in a few succinct lines or write something longer (max. 500 words). Please send to Gaby by mid May at the latest together with any other suggestions.

UK Haidakhan Newssheet – 4 times a year – approximately end of Feb, April, Aug, Oct.

This will be a brief news update and of forthcoming events and activities, to be e-mailed to those who have this facility and sent by post to those who haven't. **Please send us your e-mail address now**, if you have one, it will save us time and money. (The twice yearly journal will still be sent by post).

Would you like to receive the above?

As a charity, we depend on your contributions, which pay towards printing and mailing costs. If you would like to continue to receive two Haidakhandi journals & four newssheets please either renew your membership (if you haven't done so already) or send a donation (suggested - £12) towards the Haidakhandi news to the HSUK Treasurer Sangita Squires, 18 Slad Rd. Stroud, Glos. GL5 1QW. Thank you !

We hope you will like the changes and the more frequent update of news and look forward to your own news, letters and other contributions.

Bhole Baba Ki Jai!

Gaby, Rob and Kalika

gaby@oxford-transpersonal.co.uk

Interview with Shri Muni Raji - Autumn Navaratri 2005 (translated from the German newsletter)

Please find below an interview with Muni Raji which was held by the German devotees at the 2005 autumn Navaratri in Chilianaula. We thought you might find this interesting.

Information about the first question: In Germany one speaks of a 'light nourishing process', which lasts 21 days. It's purpose is to weane people off the need for food and enable them to live off prana alone.

Question to Muniraji: in order to become independent from the need to eat and drink and thus become better equipped to survive catastrophes, is it necessary that we undergo this 'light nourishment process'?

Muni Raji: No, this is not at all necessary.

Question: Is this process harmful?

Muniraji: No

Question: What do you think is necessary?

Muniraji: Do and die !

Question: What can we do to create more peace amongst ourselves, so that we are more like one family?

Muni Raji: Friction is not such a bad thing. The way it works with friction is this: first friction, then peace. Through friction, peace is created.

Question: I have heard that envy and jealousy destroy good karma.

Muni Raji: I keep saying to you: "Do Japa"

Question: Angela (who runs the ashram in Rieferath) reports that there are hardly any people living in the Rieferath ashram, in fact when she gets back from India she will be totally alone. What shall she do?

Muni Raji: It is NECESSARY that all of you HELP and VISIT!

Question: When I go back to Germany I will re-enter the German energie field. This is difficult, demanding and filled with anxiety.

Muniraji: This is the situation in the whole world now, and it will even increase. The fundamental law of nature is change. That's why everything is in flux. We can't always have peace, in the same way that there can't always be unrest. When things are bad, we remember the good times. We have to stay with what we have learnt. (for example, while there is unrest on the outside, we do our spiritual practice to create peace within ourselves).

Question: The Gayatri Mantra: would you recite it for the benefit of a country?

Muni Raji: No, only for yourself. The Maha Mantra OM NAMAHA SHIVAY is good for country and for oneself.

Question: Is it important to know what exactly is happening during puja (i.e. the durga puja)?

Muni Raji: One should always try to understand what it is about, but whether you really understand is a question of divine grace. At the end of the day, nothing belongs to us. We take something, such as fruits for the puja for example, and give them back to the one who really owns them.

The most important thing is not to violate the laws of nature. The reason why there is such chaos on earth and all that which is going to happen, is because of humanity having disobeyed the laws of nature. For example there is a fruit tree and someone comes along and chops it down. One should only take as much as one needs and not waste anything. Nature gives everything in abundance and we are asked to use it in the right way.

Question: How do I know what and how much I need. Where is the boundary?



Muni Raji: That's exactly what you need to understand. Once you have understood that, there is nothing else to be done.

Question: In the West how can I live in harmony with nature?

Muni Raji: Through RIGHT ACTION you can achieve anything. It is in your capacity to create a good/desired situation, independent what is going on around you. It depends what you do with it. The healing remedy for everything is called LOVE.

Question: How do I bring Babaji's teachings into our everyday German, Christian life?

Muni Raji: Babaji said this: SIMPLICITY. TRUTH, LOVE. This is what we need to increasingly manifest around us. This is what it's all about.

Question: How can I love like you?

Muni Raji: Why not just try it. Man learns until the last breath.

Question: You have once said during an interview: "We need to realise that we are NOTHING – this realisation will solve all problems." Can you please elaborate on that?

Muni Raji: The issue is ego problems. If we think we are the ones who act, we are deluded. Then we have a problem. Everything around us does exist yes, but in the end it is nothing.

Question: The fact that everything will come to an end and nothing will remain creates much angst and existential fear. How do I deal with that?

Muni Raji: In order to destroy this fear of the fact that nothing will remain, people do spiritual practices. However there is something that will remain and it is that which one can depend on, it is the nucleus, the core of creation itself. If you rely on the core of creation, your fear will dissolve.

Question: Is it necessary that one processes every kind of fear, or do some fears disappear by themselves?

Muni Raji: It is possible they disappear by themselves. If you focus on the one who has created fear, then that one can also dissolve it.

Question: Is there anything specific we can do for Germany?

Muni Raji: Why not? Don't think someone else is going to come who will make things better for us. The country belongs to everybody. One person alone cannot do anything for the country. When **everybody changes inside and responds and acts differently, then the general situation will change.**

Question: What does it mean that Autumn Navaratri (2005) occurred between a sun and a moon eclipse?

Muni Raji: It's not a good sign, look at the earth quake in Pakistan. The prognosis of the stars is not good. From such a constellation nothing good can come.

Question: People deal differently with a sun eclipse. In Germany we look into the sky. Is this harmful?

Muni Raji: Every person in the world is equally effected by it. Here people stay in their houses and do japa in order to diminish it's effects. The planets effect every being. The future is not getting better.

Question: For how long will it's effect last?

Muni Raji: What will come now, is not good. Nothing good will come after.

Question: The sun eclipse coincided with the day of the German reunification. Does this have a special meaning?

Muni Raji: No.

Muni Raji's last words were:

"Everybody will now see how times are changing. Nature gives the signs – things are getting worse, not better. Nature is changing. Feelings of anger and frustration are on the increase. **There is nothing better we can do than to continuously repeat the name of God**".

As Babaji said:

“The only thing that is stronger than the atomic bomb is OM NAMAHA SHIVAY. REPEAT THE NAME OF GOD AND TRY TO ENJOY LIFE. LET LOVE INCREASE ! WHATEVER YOU DO, DO IT WHOLE HEARTEDLY AND WITH LOVE, because we don't know what will be tomorrow”.
BHOLE BABA KI JAI - JAI MAHA MAYA KI JAI .

EVENTS:

Spring Navaratri at Balengors Ashram

This festival will be celebrated by fire ceremonies at the ashram Thursday, Friday and Saturday (30th March – 2nd April inclusive). For further details and to inform us if you might be coming, please telephone Kalika James on 020-7687-0772

Babaji Healing Temple Tent

3rd June – Bhajan singing Alternative Lifestyle Fayre at Powderham castle near Exeter phone 01363 773096

19th July to 24th July Babaji Healing Temple Tent at the Healing Field Gathering, Glastonbury - For tickets phone 01458 831485 or 01179 556690 or see website www.healingfield.btinternet.co.uk

10th to 14th August Gaunts House Summer Gathering - phone Gaunts House on 01202 841522

24th August Health and Harmony Festival at Tapley Park North Devon (Bhajan singing) 01363 773096

Regular aartis

Tuesday evenings puja and aarati in Crediton, Devon at 7:30pm, tel. Atmaram & Kanchan 01363 773096

Friday evenings puja and aarati in Tiverton, Devon at 7:00pm tel: Durga Das or Harisuddha 01884 259454

Fire ceremony and puja approx once a month in Crediton, Devon, telephone Atmaram 01363 773096 or 07729 155219 for more details

Aaratis & fire ceremonies are taking place in London, at the ashram in Wales and other places. For further information please contact the secretary Neil Lamont neillamont@yahoo.com

GURU PURNIMA CISTERNINO (Italy) 8th- 12th July 2006

Following the highly successful international Babaji gathering in Schweibenalp in 2004, this year's will be held in Southern Italy. Apparently our Italian brothers and sisters are prepared for an avalanche of 300-400 devotees!

Sponsored walk-pilgrimage London to Blaengors – we need you!

Progress is being made on this exciting venture. Maps have been bought and routes have been planned. So far we have several focalisers for the following stretches:

London to Oxford – Kalika (tel: 020-7687-0772) & Neil (tel: 020-8986-9917)

Oxford to Stroud – Gaby & Rob (tel: 01865-247851)

Stroud to Hereford and to Builth Wells – Sangita and Sandra (01453-765736)

Focaliser wanted for the last stretch: Builth Wells to Blaengors over the lovely Cambrians !

Might you be interested in this? If so, then please ring 01865-247-851 We also need more walkers. You can walk one day or more. But the days need to be planned soon, so that we know who walks on what day. Therefore if you want to participate in this community venture or simple find out more about it, please get in touch with any of the above. Thank you and Om Namah Shivay.

jai maha maya ki jai !

Haidakhandi Samaj UK (HSUK) AGM, 20 May 2006

This year's AGM - Saturday 20 May 2006

This year's AGM is being held at Blaengors on Saturday 20th May 2006 at 2.00pm. The date has deliberately been moved to May to encourage more people to attend with the better weather. We're going to make it a weekend of aartis, and fires, and of celebration, inspiration, ideas and creativity. This will include dance, garden design and development, a fundraising forum, discussion groups and information on all the building plans.

You will be written to again 3 weeks before the AGM date with a formal 'notice' of meeting plus agenda. But right now we're asking you to put the date in your diary and to consider how you might like to be involved in the year ahead

The year ahead

The HSUK is just entering a period of big change and development. Last autumn we won our planning appeal, so now we have permission to build the temple and extend the house. This enables us all to realise the long-term plan of developing Blaengors as a thriving and sustainable centre of community, sustainability and humanity in the UK.

Fundraising

A major fundraising campaign is beginning - to raise money from public funds, trust funds and Babaji devotees and sympathisers worldwide to develop land, buildings and community. Babaji willing, we hope for success in this project, but we also need your help, your involvement and your inspiration!

How to get involved

Babaji offered various tools to help in our understanding and realisation, most particularly the reality of our own hearts: *'like spreading light by lighting one candle from another, all around a room, so we should spread love from heart to heart'*

There are many ways you can get involved. You could become part of the fundraising effort, join in the pilgrimage walk in the summer, decide to hold a regular aarti in your area, help in tree planting at Blaengors, be creative, share your ideas with others. You could also do this by visiting Blaengors as often as you can, by giving your time (at Blaengors or in other ways) and/or by helping manage the organisation and its development over the coming year.

If you want more information about how to participate please see the contact list at the end of this document.

Officerships and roles

This is where the AGM comes in. We pray that more people are inspired to join the organising group this year. This means we encourage you to join the committee and or help in small working party groups.

The committee posts we need to fill are the 3 main officerships. These three we are bound to fill under the Charity Commission regulations:

- | | | | |
|---|-------------|---|-----------|
| - | chairperson | - | treasurer |
| - | secretary | | |

and in addition we have identified five further roles of:

- | | | | |
|---|--|---|--------------------------|
| - | site manager (managing and supervising the building work when it begins) | | |
| - | land co-ordinator | - | membership secretary |
| - | newsletter editor | - | fundraising co-ordinator |

In all we have to appoint a *minimum* of 7 trustees for the year ahead. Separate efforts are being made to fill the 'live- in' roles of *pujar(in)i*, *ashram manager* and *caretaker* - if you know of anyone who would be interested in these roles please contact us. However, we are currently in discussion with a couple who are very interested in the *pujarini* and *caretaker* roles.)

As a first step we'd like you to consider if you are interested in being involved in any of these positions/roles, or would like to nominate someone else to any of them. If you need more information about any of the roles and the work/skills involved in each please ring Neil Lamont (Secretary) on 0208 986 9917 or anyone else on the current committee - see contact list below.

The nomination process

If you wish to nominate someone (or be nominated yourself) the process to follow is to complete the tear-off nomination form below and return it to Neil Lamont. There is no closing date for nominations (apart from the AGM date of 20th May), but those received by 19th April 2006 will be indicated in the AGM agenda which will be mailed out 21 days before the AGM.

To be nominated you must be a current paid up member of the HSUK. (Are you paid-up? - if you're not sure please contact the membership secretary - Pete Dale - on 01766 530638.)

If you are inspired to stand for a role, the nomination form asks that you be proposed by one other current paid-up HSUK member and to write, say, a 100-word statement about who you are and what would be your vision for this role. The formal AGM invite letter (3 weeks before the meeting) will list all the nominations received by that date plus the personal statements. If you are nominated please attend the AGM. Elections will then take place at the meeting.

Nominations are sought for all officerships and roles now (as above).

Support is also sought for small working party groups eg:

- | | |
|---------------------------|---------------------------|
| - fundraising | - land/gardens |
| - building | - sustainable development |
| - education and community | |

Contacts for information and participation

<i>visiting ashram/accommodation</i>	Sangita	01453 765736
<i>fundraising</i>	Rob	01865 247851
<i>funding applications</i>	Kalika	0207 687 0772
<i>AGM details</i>	Neil	0208 986 9917
<i>general charity information</i>	Martin	01837 82001
	or Neil	0208 986 9917
<i>membership</i>	Pete	01766 530638
<i>garden/land projects</i>	Sangita/Sam	01453 765736
<i>newsletter</i>	Gaby	01865 247851
<i>building plans/temple</i>	Neil	0208 986 9917
	Martin	01837 82001
	Pete	01766 530638
<i>books/cds/etc</i>	Martin	01837 82001
<i>pilgrimage walk</i>	Gaby	01865 247851

HSUK committee officers & roles nomination form 2006

Nomination

Officers

- chairperson
- treasurer
- secretary

Roles

- site manager
- land co-ordinator
- membership secretary
- newsletter editor
- fundraising co-ordinator

Officership or role:

.....

Name and address of person nominated

.....

.....

.....

Signed by nominee Date

Proposed by:

Name (please print)

.....

Signed Date

Vision statement by nominee

My vision for this role is (about 100 words):

Please post completed forms as soon as possible to the HSUK Secretary. If you want your nomination/statement to be included in the AGM agenda mailout it must be received by 19th April. However the final closing date for nominations is the day of the meeting.

Neil Lamont, (HSUK Secretary), 11 Cotesbach Road, Clapton, London E5 9QJ